

**YOUR PARTNER IN
DISABILITY SUPPORT**

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**Psychosocial
Recovery
Coach**



**What is a Psychosocial
Recovery Coach?**

At Bila, our Recovery Coaches support people with psychosocial disabilities to assist them in living fully and independently. Our Recovery Coaches help people better manage the challenges of day-to-day living and take control of their lives.

Through respectful relationships, skilled coaching, and lived experiences, our recovery coaches help people build capacity by guiding them to maintain independence and build skills.

**We are passionate about
meeting the needs of our
clients!**

Our Recovery Coaches work collaboratively with our clients, their families, and other members of their psychosocial disability support network, such as carers, therapists, and other support providers, to design, plan and action a recovery plan.

**The primary roles of a Bila
Recovery Coach include:**

Developing a safe and recovery enabling relationship with their clients.

Assisting participants' engagement with the National Disability Insurance Scheme (NDIS).

Improve recovery skills and build capacity, including decision-making and motivation.

Working collaboratively with the broader systems of support.

Helping design, plan, and action recovery planning.